# **BREAKFAST**

# FROM THE BREAKFAST BAR

Please help yourself

#### CEREAL

Muesli, Corn Flakes, Rice Crispies, Weetabix, Coco Pops Coach granola Semi-skimmed milk (please ask if you'd prefer skimmed or soya milk) SERVED 7-9AM MON-FRI

8 - 10 A M SAT - SUN

#### BREAD

Freshly cut white and granary bread Wilkin & Sons conserves: raspberry, strawberry, marmalade, honey

#### FRUIT AND YOGHURT

Fresh fruit and fruit yoghurts

#### **COLD DRINKS**

Bottled tap water Fresh orange and apple juice Semi-skimmed milk (please ask if you'd prefer skimmed or soya milk)

### FROM THE KITCHEN

We'll come to take your order

#### THE COACH FULL ENGLISH |GFA|DFA|

Lincolnshire sausage, smoked back bacon, flat field mushroom, roasted tomato, hash brown, baked beans and egg - fried, poached or scrambled

#### VEGETARIAN |V|DFA|VEA|

Flat field mushroom, roast tomato, two hash browns, baked beans and two eggs - fried, poached or scrambled

## FREE-RANGE EGGS ON TOAST |V|GFA|DFA|

Two fried, poached or scrambled eggs on freshly cut white or granary toast

#### **SANDWICHES**

Smoked back bacon on freshly cut white or granary |GFA|DFA| Lincolnshire sausage on freshly cut white or granary |GFA|DFA| (These can be wrapped to take away)

#### SALMON AND AVOCADO | VA | GFA | DFA | VEA |

Crushed avocado and kiln-roasted salmon with poached eggs on granary toast

#### PANCAKES |GF|DF|VA|VEA|

Banana buckwheat pancakes with smoked back bacon and maple sauce

### PORRIDGE |V|

with honey, jam or by itself

#### **HOT DRINKS**

We will take an order for tea, coffee or hot chocolate

For children, we can provide smaller portions or a pick-and-mix style breakfast using any of the above.